

Post-operative Care: Cataract



Keep eyes closed and rest after going home



Take caution when using stairs



Keep the eye shield on for protection for 1-2 weeks during sleep



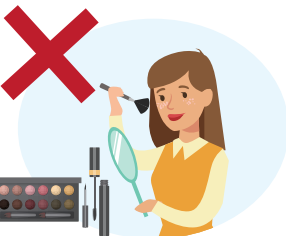
Please take medication or instill eye drops as instructed by doctor



Use sunglasses when outdoors for 1 month to prevent foreign bodies and irritation from UV light



Do not rub the eye



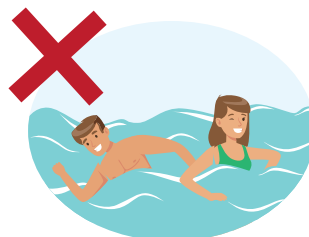
Do not use eye make-up for 2 weeks



Avoid soap, shampoo or tap water getting into eyes for 1 week



Avoid heavy lifting, straining and excessive physical exertion



Do not swim for 1 month after the surgery



Avoid crowded or polluted places to prevent trauma and infection to the wound



Take more fruits and vegetables to avoid constipation

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